

NOT NORMAL TUESDAYS

BECAUSE

This is NOT Normal

Authoritarian regimes are allowed to rule by compliance and acquiescence from pillars of support:

BUSINESS – LAW ENFORCEMENT – MILITARY – MEDIA– EDUCATION
—and authoritarian regimes are taken down by *mass nonviolent resistant noncooperation*.

Join Friends in disrupting normalization on Tuesdays:

- **NO Commerce** with corporate retailers—in-store or online
 - ◆ NO *Tap or Swipe* plastic—USE cash and BARTER only
 - ◆ SUPPORT local, individually owned retailers, food coops, farmers markets
- **NO Banking**
 - ◆ EXCEPT with member-owned Credit Unions
- **NO Driving and Flying**
 - ◆ Avoid making flight reservations and flights on Tuesdays
 - ◆ Limit driving and energy usage—be aware of our fossil fuel dependence
- **DO Wear a PAPERCLIP**
 - ◆ A paperclip on your pocket, collar, sleeve, is an innocuous sign that you are resisting and disrupting normalization. It invites solidarity with others. Carry paperclips to give to others. (Norwegians in WWII wore paperclips as a sign of resistance and that they wouldn't obey.)
- **DO Stand with those being Targeted, Threatened and Coerced**
 - ◆ Reach out to immigrant neighbors and workers, LGBTQ+ friends, people whose employment may be threatened or causing moral injury
 - ◆ Sign-up for advocacy action with FCNL, AFSC, ACLU, etc.
 - ◆ Talk with those you know in law enforcement, the military, the National Guard, education, civil service, journalism, scientific research
- **DO Build COMMUNITY**
 - ◆ Take a Walk or Bike with a friend, share a query about resisting normalization
 - ◆ Invite others to a Tuesday “Not Normal” Potluck. Form a “Paperclip Union” for support, encouragement and mutual aid preparing for greater actions to preserve democracy and justice

([Eno Friends Meeting](#) of Hillsborough [NC]. In the care of [Piedmont Friends-Yearly Meeting & Fellowship](#))